

**We are all in the same boat! This last year we have seen higher produce prices and smaller shares!**

**What is the solution?**

**Join a local CSA this year, save money, and eat healthier! Scroll down to find out how to join.**

**Now more than ever, it is essential to consider your choice of food that you consume and the quality and ease of obtaining it from safe sources.**



DISCOUNT DEADLINE FEB 23

## **CSA Host Sites**

Howell, NJ [HowellCSA@Gmail.com](mailto:HowellCSA@Gmail.com)

Matawan, NJ [matawanca@gmail.com](mailto:matawanca@gmail.com)

Spring Lake, NJ Heights [jtralkarn@aol.com](mailto:jtralkarn@aol.com)

Middletown, NJ [MiddletownCSA@gmail.com](mailto:MiddletownCSA@gmail.com)

Clifton, NJ [Mrsscanion@aol.com](mailto:Mrsscanion@aol.com)

Staten Island, NY [ropaf@aol.com](mailto:ropaf@aol.com) or [sfowler1111@verizon.net](mailto:sfowler1111@verizon.net)

\*Please contact your local CSA site for pricing, share offerings, and other details.

**\* We are looking for additional host locations. If interested in becoming a CSA Host, please email [SusanBarry@mac.com](mailto:SusanBarry@mac.com)**

## **WHEN & WHERE**

June 10 thru week before Thanksgiving, November 18. 24 weeks

The farmer drops off the produce for pickup from the host is typically on Fridays

The season is 24 weeks of fresh local organic produce.

## **SHARE OPTIONS**

Half Shares are available for all three options below. Please reach out if you need help to find a partner.

### **Premium Share :**

The share will contain, on average, 10-12 items and a larger quantity of most of the items in the basic share( this is similar to our full share from previous seasons)

### **Basic Share :**

The share will contain, on average, 9-10 items. It will be approximately 75% of the Premium share.

**Pre-bagged medium share:**

The share will contain, on average, 9-10 items. And half of the quantity of many items in the premium share. Includes the cost of bagging.

**Example of Howell, NJ CSA COST**

SHARE TYPE	Full Share	Half Share	Full Early Bird Share	Half Early Bird Share
Premium	\$900 + \$15 site fee	\$450 + \$15 site fee	\$860 + \$15 site fee	\$430 + \$15 site fee
Basic	\$750 + \$15 site fee	\$375 + 15 site fee	\$720 + \$15 site fee	\$360 + \$15 site fee
Pre-Bagged Medium	\$600 + \$15 site fee	\$300 + \$15 site fee	\$580 + \$15 site fee	\$290 + \$15 site fee
PAYMENT DUE BY	May 22	May 22	Feb 23	Feb 23

**\*Extra fee charged for all credit card payments**

**Optional Fruit Share \$250 and Eggs \$5 weekly**

**WHAT YOU GET**

The farmer decides what veggies/quantities we will get for the week, depending on the time of the season.

You get an email at the beginning of the week about what he will deliver that week.

Some sample photos on our website show you what you might get on a weekly share (for a Premium Share), and see the list below in this email.

<http://matawancsa.org/what-does-a-weekly-share-consists-of/>

If you are not sure if the quantity of food is right for your family, it is best to join as a half-share member with a friend, or we can match you up with a partner.

### **THE FARMER**

John Krueger, from Starbrite farms in Andover, NJ, Sussex County

Here is a video featuring our farmer: Farmer John

<https://www.youtube.com/watch?v=nTAHRHuk7a4&feature=youtu.be>

### **HALF SHARES:**

You may join with a friend or ask us to match you up with a partner. Once a partner has been found, we will email you. The member paying should fill out the application with contact info for both partners. One person of the pair will send the payment in. Your payments will be combined, as mentioned above.

It is up to the partners to make whatever arrangement you wish on your own to divvy up the share. We do not separate the shares.

Half-shares can be set up to either:

- Alternate weeks that member will visit so that one member comes one week & the other comes the following week.

OR

- One member visits and picks up veggies. The veggies can then be split between each member after pickup. Note that the farmer delivers the veggies in quantities of sometimes one lettuce or three squash, so you should have a way of allocating to accommodate this.

### **OTHER CSA NJ LOCATIONS/BECOME A HOST**

We have sister CSA's throughout Monmouth County, NJ, and Staten Island. If you are interested in hosting your own CSA closer to your house, please email [SusanBarry@mac.com](mailto:SusanBarry@mac.com) for more details.

**CONTACT INFO:**

Contact Marianne at [Mylocalcsa@gmail.com](mailto:Mylocalcsa@gmail.com) or reply to this email.