

**Join a local CSA this year, save money, and eat healthier!  
Scroll down to find out how to join.**

**Now more than ever, it is essential to consider your choice of food that you consume and the quality and ease of obtaining it from safe sources. Especially with the constant increase in cost and smaller product size, a CSA offers the best value for your buck!**



**CSA Host Sites**

Howell, NJ [HowellCSA@Gmail.com](mailto:HowellCSA@Gmail.com)

Matawan, NJ [matawancsa@gmail.com](mailto:matawancsa@gmail.com)

Spring Lake, NJ Heights [jenniferosullivan@me.com](mailto:jenniferosullivan@me.com)

West Belmar [jtralkarn@aol.com](mailto:jtralkarn@aol.com)

Middletown, NJ [MiddletownCSA@gmail.com](mailto:MiddletownCSA@gmail.com)

Clifton, NJ [Mrsscanion@aol.com](mailto:Mrsscanion@aol.com)

Ocean Grove, NJ [oceangrovecsa@gmail.com](mailto:oceangrovecsa@gmail.com)

Staten Island, NY [ropaf@aol.com](mailto:ropaf@aol.com) or [sfowler1111@verizon.net](mailto:sfowler1111@verizon.net)

\*Please contact your local CSA site for pricing, share offerings, and other details.

**\* We are looking for additional host locations. If interested in becoming a CSA Host, please email [yourlocalcsa@gmail.com](mailto:yourlocalcsa@gmail.com)**

## **SHARE OPTIONS**

The farmer decides what veggies/quantities we will get for the week, depending on the time of the season.

You get an email at the beginning of the week about items that will be delivered.

Some sample photos on our website show you what you might get on a weekly share (for a Premium Share) see the list below.

**Premium share**- \$990 (EBD= \$40)= \$950 if paid in full by March 1st.

Share will contain, on average, 10-12 items and a larger quantity of most of the items

in the basic share. Over the course of the season the premium

share will include less common vegetables, such as escarole, radicchio, fennel and frisee, not

found in the basic or medium share

**Basic share**-\$825 (EBD= \$30)= \$795 if paid in full by March 1st

Share will contain, on average, 9-10 items. It will be approximately 75% the size of the Premium share.

**Pre-bagged medium share**- \$660 (EBD= \$20)= \$640 if paid in full by March 1st

Share will contain, on average 9-10 items and half of the quantity of many of the items in the premium share. Share price includes the cost of bagging.

**Early Bird Discount (EBD)**- A discount will be offered on all share sizes if paid in full by March 1st. The amount of the discount will be based on the share size, as noted above. This deadline will be strictly adhered to.

**Boxing charge**- prepackaged Basic and Premium shares will incur a boxing charge of \$75/season. Most of this charge is necessary to cover the cost of the boxes, many of which in the past have not been returned for reuse

**We look forward to another great season!**

\*Extra fee charged for all credit card payments

## THE FARMER

John Krueger, from Circle brook farms in Andover, NJ, Sussex County Here is a video featuring our farmer: Farmer John <https://www.youtube.com/watch?v=nTAHRHuk7a4&feature=youtu.be>

**HALF SHARES:**

You may join with a friend or ask us to match you up with a partner. Once a partner has been found, we will email you. The member paying should fill out the application with contact info for both partners. One person of the pair will send the payment in. Your payments will be combined, as mentioned above.

It is up to the partners to make whatever arrangement you wish on your own to divvy up the share. We do not separate the shares.

Half-shares can be set up to either:

- Alternate weeks that member will visit so that one member comes one week & the other comes the following week.

OR

- One member visits and picks up veggies. The veggies can then be split between each member after pickup. Note that the farmer delivers the veggies in quantities of sometimes one lettuce or three squash, so you should have a way of allocating to accommodate this.

If you are not sure if the quantity of food is right for your family, it is best to join as a pre-bagged medium or half-share member with a friend, or we can match you up with a partner.

We have sister CSA's throughout Monmouth County, NJ, and Staten Island. If you are interested in hosting your own CSA closer to your house, please email [Marianne Wagner](mailto:Marianne.Wagner) for more details.

**CONTACT INFO:**

Contact Marianne at [Mylocalcsa@gmail.com](mailto:Mylocalcsa@gmail.com) or reply to this email.